

# Intro to Warding

## Booklet



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## **WHAT IS WARDING?**

Wards are large energy shields designed to protect and cover a specific space. Unlike personal shields and shielding, they don't move with you. They are crafted to stay in place and protect a space such as your home or office.

Wards define what spiritual forces can and cannot enter your space, and they are designed to give you protection against malicious and sinister entities that might wish to harm you. They will not prevent your trusted companions from entering a space, but rather prevent entities that seek to harm you in some way.

Wards have a physical use, too. There are many cases where the energy of wards has discouraged negative and toxic people from entering a home and has protected that home from vandalism and burglary.

## **WHEN SHOULD YOU WARD?**

Warding is such an important aspect of the Spiritual Foundations. The Spiritual Foundation is your fortress, your ability to protect yourself and your space. There are malicious entities in the spiritual world, and having a strong spiritual foundation will keep them away from you and allow you to define what comes into your space.

Wards should be in place always in any place that you practice, such as your home or workspace. They should be checked periodically, refreshed, and added to or expanded upon.

*A personal story from Priestess Akelta: "I had a ward that was set over my dad's house to protect it. The ward was infused with Demonic Energies and did a very good job protecting the space. One day, at my stepmom's work, another energy worker offered to cleanse the house. My stepmom agreed and thought it would be nice. This energy worker sensed my Demonic Energies, thought they were evil, and cleansed them from the house. I had no counter in place for this because I didn't have another practitioner removing my wards on my bingo card. My ward was removed, and the next day, their house was broken into. Wards in place can protect and keep an area safe from physical dangers, and you might not even realize how well they are doing their job until they are gone."*

## **HOW DO YOU WARD?**

This booklet will cover how to craft an energetic ward.

To craft a ward is simple. It is an adaptation of shielding yourself (also an important component of Spiritual Foundation that we have covered in another booklet) but instead of moving with you, protecting you and surrounding you as you go about your day as a shield would, a ward is designed to stay in one place, to protect the space it is cast upon. It will be stationary within the boundaries that you cast it in.

To start with, you want to define your space. What do you want this ward to cover? Your house? Your apartment? Your office? Your room? It can be anything that you want; you can craft it in any area that you desire. You can also cast multiple wards over different areas.

1) Once you have defined your space, walk through that space. If it is your house or property, walk around the perimeter. You want to get a feel for the energies and a feel for the space that you are going to be warding. If it is just a room, walk around the room and just get in touch with the energies. Feel them and connect to them.

2) Walk into the center of the room and take a moment to visualize or feel the energies you are going to use to craft your ward. You can use white or clear energy, or whichever colour you personally resonate with. White or clear is good to start with for a basic ward.

3) This is a ward that is to protect against negativity, malicious forces, and toxic energies. Take a moment to state this intent out loud or in your mind, by saying:

*“Today, I cast this sacred ward of protection*

*I cast this ward to protect my space*

*to remove negativity*

*to defend against malicious forces*

*and to neutralize what is toxic*

*I cast this sacred ward of protection.”*

4) See or feel the energies surrounding you and flooding the room. If you can visualize, see the energies of the ward expanding throughout the room and flooding everything with its brilliance. If you can feel, feel the energies expanding and touching every corner, every object in the room and protecting it with its power.

5) Push the energy into all corners of the space. See it expanding, creating a protective barrier around the space you desire to protect. The energies should cover every angle, both above and below, and all sides or edges.

## **WOULD YOU LIKE TO LEARN MORE?**

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