



# Warding 101

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## **Warding**

A ward is literally a protective shield that you place around a particular parameter to divert negative energy, entities and in many cases, people. It diverts or turns away any harm sent your way.

Warding your house can be a very important part of maintaining a spiritually clean and safe environment. This is the act of setting safety parameters in your living space that will protect you from spiritual intruders (unwelcome "house guests") , negative or baneful magick, curses, and in many cases, living people whom you do not wish to have in your home.

A good warding system, when done regularly, will virtually eliminate unwelcome entities and spirits and will shield your property from negative intrusions.

There are several methods of warding yourself and your property , thus furthering your protection against the unseen.

### **Method 1: Warding with Energy:**

This method is very similar to the way we would call a circle or envision a protective sphere while performing magick.

- 1) Define your parameter. If this is a house or room then visualize a circle around it. stand in the middle most point if possible.
- 2) Visualize a protective sphere over you, then see it growing out from you.
- 3) Breathe in and out allow your breath to fall into a rhythm.
- 4) Visualize the sphere expanding with protective energy with each inhale.
- 5) "Program" the sphere with protective energy with each exhale. See it as an indestructible shield that nothing can penetrate.

Visualizing this power and sending these energies into the shield will program it. You can program your shield however you want.

Keep doing this until you have surrounded the area you are warding. This, as with any other spiritual protective practice, does need to be reinforced on a regular basis, depending on how much you practice magick or delve into the metaphysical.

Heavy practioners may need to do this several times a month, those who are not as devout may only have to do this once a month.

As you get more proficient with this method of warding, you can add extra "layers" of protection such as mirrors, swords or spikes.

### **Warding with Protective Symbols or Sigils**

Many paths have their own protective symbols or sigils. In Satanism, we have Satan's sigil, our individual Demonic Patrons sigil, or even person protective symbols/sigils. Whatever your path, it is best to use a symbol or sigil you are either familiar with or drawn to as it will resonate best with the protective energies you place around your property.

- 1) Get a bowl of water.
- 2) Add a pinch sea salt if possible, though regular salt will do.
- 3) Add a sprig of rosemary or 4 drops rosemary essential oil.
- 4) Dipping your finger in the water, trace the sigil or symbol of protection over each door and window in your home. If you are using a patron sigil, say the enn or a small prayer for protection.

If it is a personal symbol or sigil, say something along the lines of

*"I, (your name), do protect this property from intruders from both the physical and spiritual realm, living or dead and nothing may enter that I have not given permission to."*

*\* It is important to do this over every door and window in the home. If you live in an apartment/flat, do the floor and ceiling as well.*

## Ritually Charged Artworks or Protective Artifacts

Some people get creative with their protections. They make ornaments or even paintings infused with protective energies and symbols/sigils and place them in a room. This is a great way to decorate your home as well as add powerful protection to your property.

- 1) While creating the object or painting, infuse every brush stroke with protective energy.
- 2) Visualize it permeating your area with strong protective energy.
- 3) Place the artifact or painting somewhere in the room its meant to protect.

## Crystals

You can layer your wards with crystals. I personally like to place a smokey quartz, programmed with protection (though it naturally transmutes negative energy) in each corner of my temple where I do most of my practicing. This forms an extra barrier. I then place, next to them a citrine crystal as citrine never need to be cleansed and they tend to clean the crystals around them. You can do elaborate grids or keep it simple, the choice is yours.