

Spirit Keeping

A Demonosopher's Perspective

Demonosophy mini books



Priestess Akelta S.K. Wilde

About Me

My name is Akelta Wilde and for as long as I can remember, demons have called to my soul. I was working with them and learning from them before I even knew what they were. Darkness, the night, the occult, have always called to me. I began my magickal journey at the young age of 6 years. I learned that in my family, were those gifted with magical abilities, peculiarities and oddities.

I have worked side by side with demons and the Dark Lords for many years, conjuring my first incubus at age 15 and working many years to develop my skills and abilities. Conjuring is a sacred path and it is one that holds a special place in my soul. I have been walking with demons since before I can remember and realize that there is no known path that really defines what I do. I realized that my experiences can make up a unique new path which I have named **Demonosophy**; the path of working with and learning from demons directly, inviting them to walk with us here as we embrace the human experience.

I am Priestess Akelta Wilde, Conjurer, Demonosopher, Black Magickal and Occultist. My life is devoted to demons and Dark Lords and they have walked with me and helped me to shape and create the life of my dreams. I am the founder of Satan and Suns (www.satanandsuns.com), an online demonic and spiritual discussion forum where we talk about the Demons, the Dark Side and the Left Hand Path. Everyone is welcome to join the discussion.

Introduction

One's spiritual path is often a personal and empowering journey. There are so many roads to take. Some people like to explore and wander the different paths, others are committed and devout to one particular path. Others still, find their home following their heart and crafting their own path. Really no spiritual path is wrong as long as you are true to yourself and your path empowers you.

No one has the right to tell you that you cannot follow the path that calls to your heart or that you are not pure enough in blood to walk that path. In reality we all are humans in this world bound to these vessels, but as our true form spiritual selves, we come from various backgrounds and places and no one has the right to dictate to you what 'home' is. The spirit world has aligned with the physical since before the beginning of civilization and will continue to, no matter where our evolution takes us.

Humanity has walked with and invited spirits to join them since before the dawn of time. This is what Spirit Keeping is at its core. An honouring of the old ways of inviting spirits to join one in their home and keep them. This is not keeping them from a place of servitude or restricting them

and forcing them to stay. Spirit Keeping is keeping their vessels (a focused energy link) in your home, keeping them close by, keeping their company and having them as welcome guests in your space. Just as some keep spirits, spirits keep us; human and spirit become each other's keepers in a respectful and beautiful relationship.

This is a valid path that many have found empowerment from. At its core, Spirit Keeping is a viable and beautiful path that is a modern name for a practise that we have been doing for millennia.

Like anything though it can be ruined by the actions of a few and there are scammers and snake oil salesmen out there who do try to take advantage of people. There are those who do not honour the sacred path of working with spirits and they do tend to paint a black mark on it for everyone. My beliefs have always been that the response to such individuals is through education.

This book is to hopefully shed some light on the roots of spirit keeping, to help educate people so that when they are pursuing this path they can spot the scams and the scammers and reduce their interaction with them. This path is meant to be an empowering one where you seek guidance and counsel from the spirits of the spiritual realm. One is meant to find empowerment from this journey.

What is Spirit Keeping?

Spirit Keeping is as it sounds, you are essentially keeping spirits, entities, demons etc. in your home. It is basically where you invite spirits of different types to walk with you in your life and join you on your journey here. People who work with spirits and essentially "keep them", invite them into their lives and learn from them while embarking on their human journey.

This concept is not that uncommon, witches and many who are on different spiritual paths have had spiritual guides and spiritual guidance for ages. They have worked to meet them, to connect with them and work with them, similar to what a Spirit Keeper does.

Spirits are energetic beings and they emit an energy frequency. Through conjuring and energy binding techniques, a focal point can be created on an object which gives you a link to the energies and frequencies of that spirit. This enhances your communication with that spirit. Many people have found that over time they no longer need their vessels for communication and this is because the spirit is not trapped to the vessel. It is linked to it for communication and as a physical anchor, but it is free to move about where it wills. There are rituals and bindings that are designed to entrap and imprison spirits but those are highly unethical

and quite controversial. When one invites spirits into their life, it should be from a place of desire for both parties and no one should be coerced or forced.

Quantum Physics tells us that everything is made of energy. Humans and other physical beings are just vibrating at a frequency that give us the physical form in this dimension. Entities and spirits have their own forms, vibrating in other dimensions at frequencies that give them forms where they reside. Our energy is moving at a slower pace, creating our physical forms, but we are beings entirely made of energy at the subatomic level, just like spirits and entities are.

Considering how much is unseen out there it is not so fantastical that there are beings and creatures that reside in the dimensions and planes of this universe that we cannot see. The universe is full of dimensional folds and uncharted layers. Spirituality in the past has at times proven a base for science. Some say that Magick is science that has not been discovered yet. The spiritual world is the undiscovered world that exists all around us and has shaped the nature of humanity since the dawn of our species. Spirit keeping in essence, is a modern term for an ancient practise of walking with spirits.

Wàit, I heard Spirit keeping wàs à Şcam?

There has been a lot of controversy around Spirit Keeping. Many people have called it a scam and a hoax. Like any magical community, there are scammers and those who only wish to use it for their own financial gain. These people should be called out and shamed for their practices as they make us all look bad. However, also like any spiritual path there are those who commit their lives to it and those who are dedicated to it. These people work hard for their craft, educating others and helping to empower and build up the communities and they should be recognized for their efforts.

There are some who would call all spirit keeping a scam. I would argue that those individuals are misinformed and don't know a lot about it.

Conjurers work with the spiritual forces to find entities and spirits and connect them to humans who wish to work with them. Conjurers work long hours and put in an incredible amount of time into their craft and should be compensated for the work and research that they do. Though there are scammers, conjuring itself is a sacred art and it does take an incredible amount of time to learn and master. For someone to label all conjurers scammers, well, I call foul and say they are misinformed and I would gladly have a discussion with anyone who feels this way.

It is interesting to note that these same people who label conjurers as scammers also wish to be compensated for their time. We all do, it is a natural thing and any person who does spiritual work should be compensated for their time. Readings, consultations and spelled offerings, all of

these take time and energy and it is a genuine service that they provide. When you commit your life to something and offer a service, you should be compensated for the time and energy that it takes to fulfill these services.

What are Spirited Vessels?

A Spirited Vessel is basically an item that is energetically linked to a spiritual being in order to form a connection and attachment. These are called bindings. It is an energy that acts as a link to create a focal point from the spiritual plane to the physical plane and links the spirit to that point. This allows the spirit to influence the physical realm and also to communicate with the human who works with them. They are very powerful tools for connection and working with spiritual forces and they are a tool that is used in Spirit Keeping.

Wait, binding entities, isn't that cruel?

Yes and No, it all depends on the purpose and intent behind the bindings. If you are using forcible bindings and entrapments, basically ordering the spirit/entity into a space and locking it there, then commanding it to serve your every will and punishing it when it does not obey, then yes that is horrible and very cruel. It is not a practise that we will ever endorse, but there are many bindings out there. Some are very cruel and horrible and others are empowering and respectful.

Forcible bindings: The most well known binding is the genie in a bottle, which is a forcible binding. This is where the spirit/entity is technically captured and held within a vessel, confined to the space of that vessel. These bindings basically trap the spirit with a set of rules on how they can move and what they can do. They are held within the vessel.

Forcible bindings are horrible, but the essence of them is that the vessel is prepared and ritualistically acts as a prison for the spirit. This method of binding is highly unethical, basically a form of slavery and not one that we recommend and endorse. Also, they don't really work very well.

Holding a spirit captive requires one to have enough faith, spiritual authority and skill of mind to hold the spirit. The spirit will always be trying to escape and so it becomes a battle of power between the magician and the spirit. Which due to the nature of entropy in this world, will always be won by the spirit. It is only a matter of time before the bound break their bindings and come for revenge.

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It is an ego trip and nothing more; a power play. There are so many respectful and honourable ways to connect and work with spirits, the only reason to trap one and command them is to lord over them and prove how tough one is.

The only time that such a binding would be acceptable is if there is a malicious force in one's life whose soul purpose is to torment and make that person's life a living hell. If one is unable to push it away with a shield or a ward, then this is one method that can be used, trapping the malicious force with the intent to banish it. This is only if the force is truly malicious and has forced its way into your space.

Restrictive Bindings: Bindings that are similar to forcible bindings. They are energy shackles that are placed on the spiritual being to hold them on this plane. They are not allowed to return to their home and are usually held in an astral dimension that exists in the inner universal spiritual world. There are many layers of the inner spiritual world and restrictive bindings are usually programmed to hold an entity or spirit to those planes. Again, not ethical and not something we would endorse. It is very cruel to hold them to this plane, especially when they have their own life and experiences in the realm that they are from. This is a very cruel method of binding. There are so many other ways to connect and work with spirits.

Again, the only way I could see this being useful is if you are dealing with a malicious entity and you are trying to confine them to a space for a time while you prepare to banish them. Most spiritual beings that you invite into your lives you would want to be there. You want to work at building connections with them, especially for long term companionship. Those who work with dark malicious entities have no reason to bind them and have strict protocols for working with them so that they do not get hurt. When keeping malicious beings that have the intent to destroy you it is only a matter of time before they break their containments.

Some people have used this method for confining human souls and keeping them in a place that they can torture and torment them. It is a tool that can be used and implemented in black magic against one's enemies. These bindings use different symbols and one has to have incredible faith in their ability and skill, for when these tortured souls break out they will be looking for revenge.

Conditional Bindings: These bindings still use many of the rules that forcible and restrictive do, but they do tend to offer more freedom to the beings that are bound with them. They are often used for beings that can be dangerous or destructive. They contain rules and subjects that are encoded into them which prevent the being from taking certain actions. Some are encoded to prevent the being from harming their human companion or their families. They have conditions that limit them.

These bindings can be cruel, depending on how they are cast and the intent of the conjurer. They usually allow the being to move freely within the spiritual worlds, though with conditions that they do not act in a certain way and do not bring harm and ruin to their human

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companion. Some beings out there lack understanding of our world and functions and can cause us harm. Others are violent and destructive in nature and seek harm for their pleasure. Conditional bindings act as a contract for keeping the human companion safe from harm.

Invitations: These are open points where the magician creates a physical space that is a defined space meant for interactions with a specific being. The space is defined in the physical world and has no direct link to the spiritual world. The space is adorned with items that the spiritual being likes and offerings are given within the space. The space is also charged with the energies of that spiritual being so that they feel at home and comfortable. The spiritual being is then invited into the space. They choose if they want to go and if they are away from the space, they might not hear the call of the magician as there is no direct link.

The being can come and go in this space as they please and it can be a sacred space for the magician and the spiritual being. It basically is a defined sacred space that is specifically meant for that spiritual being. They can be altars, shrines, a special place or location, a meeting place of spirit. It is a defined place though and the being then chooses when and how they interact in that space.

Portal Bindings: This is a type of binding that acts as an open link between you in the physical plane and the spiritual being in their spiritual plane. They are not there with you, but they can communicate with you through the energies of the portal binding. The portal binding has a physical item where the energies of that being are linked and woven into that item, creating a powerful energy flow and an opening where one can communicate with that being.

Each portal binding is charged with the beings individual energies and vibrations. This links the spiritual being to that point and they can connect with you and work with you. Through that energy link, you can connect and communicate with them. You can receive divine messages from them, receive images and inspirations and have a direct and focused channel for spirit communication.

Flexible bindings: My favourite binding. Flexible bindings create a link between an item here on the physical plane and a spiritual being. The bindings allow the being to have a focal point of connection and influence to this physical plane. This strengthens their presence here and allows them to interact with humans in a powerful and enjoyable way.

Flexible bindings are customized for the individual spirit, entity, demon, angel etc. that they are fitted to. They are matched to the energy vibrations and frequencies of the being and they are fitted so that they are comfortable and flexible. The spiritual being can move through the spiritual realm and interact with their human in the physical realm at will. This type of binding allows the entity freedom of motion while still providing them with a focal point in the physical

realm for them to latch onto. It offers them complete freedom and choice. Which is very important.

When using flexible bindings it is very important to make sure you find a conjurer who screens their entities well as the last thing one wants is something that will cause harm or hurt the human companion or their family. Screening is ridiculously important when flexible bindings are used and you really want to make sure you go to a conjurer who knows and understands the nature of the beings they are binding.

There might be slight variations of these from conjurer to conjurer but these are the types as I have learned about and studied.

What are Conjurers?

Conjurers have been trained in the skill of handling and working with spiritual beings. They excel in areas of spiritual exploration, finding spiritual beings who seek companionship with a human and returning with them to connect them with humans. It is a sacred art that has been practised for many years and spans many cultures across time.

Conjurers have the ability to bring forth spiritual companions from the spiritual world. They can find them and link them to this world connecting them to this plane. They know how to read and interpret spiritual energies and they can lock onto those energies and connect with different spiritual beings. They have spent years studying the energies of the spiritual world and they know where to connect with various beings and how to call them forward.

Many conjurers begin their spiritual journey by traveling through the spiritual realms via astral travel. As they explore the realms, they meet different beings and over time they form connections with them. They also learn about different spiritual cultures and are very well versed in the nature of the spiritual world. They have made incredible connections with Gods, souls, spirits, entities, demons, angels, any spiritual being and they usually have a good grasp of these cultures, as well as a good grasp of themselves.

The conjurer usually forms connections with specific beings and find that they resonate really well with a particular group or groups. It is really important for the conjurer to know what realms their energies work with as that will increase the quality of the beings coming through. The more understanding the conjurer has of the realm that they are conjuring from, the better. Conjurers usually take the time to learn about the beings, their ranks, customs, beliefs, social structure, everything about the spiritual being they are bringing forward. They should be able to answer any questions that you have on the being that they are offering. Yes, spiritual

beings can have culture, some have their own cities, family structures, families. It is amazing how layered and complex the spiritual world is.

Conjurers then take the time to learn about the different energies and crafting the energetic links for the bindings. They are masters at forging energy links from spiritual beings to physical vessels and understand the subtle art of working with the energy vibrations to form the strongest link. They know the energies to use, they know the techniques for energy weaving into the vessel and they know how to fit the bindings of the spiritual being so that they are comfortable and can remove them if need be. The bindings also have to be able to move through the realms and give the spiritual being freedom so that they can move freely in this realm and any realm they desire. Bindings should be a focal point, they should not be an imprisonment.

Conjurers train and develop their skills so that they are able to offer these services and assist people with connecting and working with spirits. Conjurers are specialists in spirit/entities and all spiritual beings. They have a deep understanding and appreciation for the levels of the spiritual realms and the spirits/entities that reside there.

Other Cultural Practises that Work with Spirits.

Spirit Keeping is a word that is used by people who invite spirits to join them in their life. It is a phrase coined by one path, but in reality there are many different paths that walk with and work with spiritual beings. There are many cultures in the world who do this in various forms and many cultures who sell essences of spirits or connections to spiritual beings to help people tap into those energies and connect with them. It is a common spiritual practise and one that is ancient and rooted in tradition.

Some people offer rituals to meet their spirit guides. Depending on the culture there are many different types of entities that one can meet. Angels, Fae Folk, Demons, Totem animals, animal familiars. There are many different types of energetic connections one can have with the spiritual world through physical means. There are other ways though that people can assist others with meeting their spirit guides.

Other Practises Working with Spirits.

Throughout History, many cultures have worked with spirits in a manner similar to spirit keeping. Even today, various terminologies and definitions show us that many still do work with spirits and invite spirits to join them. From guardian angels, to leaving guarded offerings to the little people, the influence of the spiritual world and our connection to it can be seen in all cultures. Here are some examples of spirit bindings in other paths.

Saint Statues and God Statues: This is a type of spiritual connection where the statue acts as a direct link to the individual saint, god, goddess or deity. The statues are a type of spiritual connection where one prays to various saints to receive various blessings. Praying to the gods one can also ask for assistance, ask for divine wisdom or ask for help with various things in their life.

The statues are an energetic link between the spirit world and the physical world, where we can send our energy and messages to be received by the corresponding saint, god, goddess, deity. The Statues can be blessed by priests and infused with energies to enhance these effects. The devotion and faith of the priest allows them to forge the link and those who are devout in their path have the power to connect with the divine being and craft the link to the item, making a powerful connection for people to use.

Fetishes: It is the concept of a spirit entering into an inanimate object, an animal, or a human and it is a very ancient and honourable practise. Fetishism is a type of spiritual possession where a spirit enters the object and grants it power. Different spirits that can do this are ghosts, the dead, souls, spirits, demons, etc. The first fetishes were marked as sacred stones and have evolved and span many different cultures and periods in our evolution.

The evolution of the spiritual fetish is incredible and can be found in many indigenous cultures and African tribes. Sacred places and shrines can be fetishes as they are the places where spirits inhabit. Spirits inhabiting and sharing space with the living and the physical world has been recorded in all cultures in various forms throughout history. Even the fire hearth is seen as a fetish as it is a sacred place where generations and ancestors can gather.

Spirit Familiars: Especially popular among Witches and Pagan paths. Spirit Familiars are often uncovered by initiates on their journey. They are animal spirits or minor entities that are believed to serve a witch or magician. They act as a guide helping their human with spell casting and navigating the spiritual realms. They can also be the messengers of divine wisdom and help their human to awaken their spiritual abilities and skills.

Familiars are known on many spiritual paths and many go on deep spiritual journeys to be connected to their familiars. Once they are linked with their familiar, they can begin working with them, building connections and developing life-long working relationships. Familiars also protect their humans and guide them away from harm.

Spirit Guides: This is a term that is very popular in western tradition. Mediums and psychics use it to describe the spiritual beings who walk with them to act as a guide and protector. Spirit guides have chosen to come here to assist a living human and to assist them on their journey here in the physical realm.

Guardian Angels: Guardian angels are seen as angels who are assigned to protect and guide a person, a family, a group of people or a country. Belief in guardian angels has existed for a very

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long time and many people believe that they have an Angel over their shoulder watching out for them and making sure that they are safe from harm. Some people have statues or items that act as a link to their guardian angel and use that as a method of connection and security. People especially from Christian backgrounds or those who align with lighter energies are often able to connect with and work with guardian angels. They are talked about even today and they are a form of Spiritual Companion.

There are other guardian spirits similar to guardian angels. While it is true there are guardians that can be assigned to you, they can also be conjured and brought into alignment with you through one who works with them. Angels and other guardians can also come into your life and request to work with you. Many people are born with spiritual guardians who watch over them from the time of their birth and follow them their whole lives, even if the individual never connects with them.

Thought Forms and Servitors: The power of the mind, the power of thoughts, it is one of the many things humans have not yet realized. It is the journey of self-mastery, learning to work with, harness and master the power of the mind.

We are creators in this universe, it was designed to respond to our thoughts and our vibrations. The universe is alive as we are alive and it responds and shifts to the energies that we vibrate at. This is why they say we are the architects of our reality; because we are. When we train our mind to control our thoughts and vibrations, we can literally create and bend the world around us to have what we desire.

People have been able to use that universal law to create life, in the form of thought forms and servitors. Beings that have been crafted and granted life out of the thoughts and will of the magician. Similar to the physical Golems who are created from clay and given life, these spiritual golems are created from energies and given life by the will and thoughts of their creator. They range from very simple to complex beings and really, I could do a whole book just on thought forms alone.

Once they are programmed your imagination is the limit. They can be anything and be programmed for many different purposes. There is a danger though with them and it is important to be careful as they can outgrow their program and become violent and unhinged. Some people keep their servitors close and keep assigning them tasks while others, when they are finished with them will destroy them.

Annabelle: Yes the haunted doll of the damned is a form of spirit binding, a highly malicious and destructive entity that was attached to a doll. Annabelle is what we call a haunted item, an item that has a spirit, ghost or other spiritual being bound to it.

Some are forcefully bound innocents trapped in these items. Such as the boy child trapped in the doll and only looking for love and acceptance. Some are ghosts who are unable to pass on and

attaching to something in life gives them comfort. On the other end, they can be malicious entities forcibly bound to an item to remove them from a space. They can also be malicious spirits, ghosts or spirits in general who just decide to take up residence.

There are many haunted items, not just Annabelle. They all have their own unique story and some of them carry incredibly dangers. Some are bound by magicians and practitioners and others are bound by the spiritual being themselves as they do have the ability to attach themselves to physical items using that items vibration.

Spirit Houses (Spirit Pot, Brass Vessel, etc): Basically as their name suggests, A pot, box, or any item that is dedicated to a specific spirit and serves the purpose of acting as a physical manifestation point with that spirit. It is an energy point where the spirit can send energies to influence the physical world, and communicate with the magickal. By giving them this physical point they have a greater power to assist you with shifting things in your life. They are very powerful ways to invite spirits into your lives. Within the house contains the energies of an entity through which a magician can communicate with them.

There are many different ways to create spirit houses and many different traditions that use spirit houses. They are found in many traditions where humans work with spiritual beings. Spiritual houses are crafted with an individual spirit in mind. They can act as an altar and you can put anything in them that the spirit likes and would enjoy. Different houses will have different items in them depending on the culture you follow, the type of being you are inviting into the box or the god whose essence you wish to infuse into the box. They vary, but they are a powerful tool for connecting and working with spiritual beings and yes they are a type of binding.

The Brass Vessel is a powerful spirit house that is the perfect example of a binding that can be used for good or bad. The brass vessel is actually an ancient version of the bindings that many conjurers use today. Over time the traditions and practices of binding creations have evolved. Conjurers work and make innovation to their craft and modify their methods as time goes on and the brass vessel is a wonderful example of this.

In ancient times the brass vessel was used to command the demons into the vessel and force them to do their master's bidding. This is very similar to the forcible bindings. When the spirit didn't comply they were punished. Their sigil could be heated in the brass vessel to burn them and other means were used to torture them. It could be used as a space of confinement to which they were bound and imprisoned. In many of the old stories, like in the Arabian Night stories and the Story of Solomon, the spirits were bound into the brass vessel and then cast into the sea.

The brass vessel though does not have to be that, just like bindings do not have to be horrible. The brass vessel can act as a home for the spirit, where their energies can settle and they can relax. You can place items in the vessel that make them feel at home and offerings that they like. It can be a sacred place of sanctuary.

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The Brass vessel acts as a focused point where communication with the spiritual being is possible and heightened. The energies in that space are raised to make communication easier. This practise of making homes for the spirits can be traced back to many cultures, from shamans, to ancient Egypt. This is not a new concept and it can actually be a very honourable and beautiful practise which honours your spiritual being and welcomes them into your home.

Demon and Spirit Companions: What we work with on the Demonosophy path. There are many demons out there, not just the known ones. On the Demonosophy path we embrace our positive individual connections with our demon companions.

Some people are drawn to demons and naturally work well with demons. They feel at home with demons and are comfortable with the demonic energy spectrum. These people usually have demon companions who walk with them and guide them in their life. They act as spirit guides but they become mentors, guardians, friends, family. Incredible friendships and working relationships can grow when people embrace their demon companions and work with them.

Demon Companions is a term used by our coven to define what we do and I am amazed at how the name has spread. It has a beautiful feel to it, Demon Companions, Spirit Companions, companionship is use to define a friendship, this is essentially what we do. We invite Companions to walk with us, we learn from them, live with them and are inspired by them. They become family, friends, mentors and guides. Spiritual companionship is an incredibly rewarding venture and the beautiful thing about it is you can have spiritual companions no matter who you are or what path you are on.

Really spiritual companions are for anyone. Anyone in any walk of life can benefit from the wisdom and guidance of spiritual companions of all types. They come willingly and wish to experience this world and walk with a human companion, assisting them and seeing the world through their eyes.

Demon Companions will walk with their human for their entire life and personally work with them, educating and guiding them on their path and helping them from an individual and personal level. They will work with that individual, learning about them and their life, their goals and dreams and wants and desires. Helping to shift the world and guide them to that which they desire. It is a really beautiful connection that comes from welcoming and embracing the natural connections we have with spiritual companions and many people have found incredible empowerment and awakening from it.

Demons are not sinister or malicious beings, they are dark, but darkness is not evil. Darkness is a spectrum of itself, full of good and bad and everything in between. Demons have always walked with humans since the ancient times, guiding them and helping them on their journeys here, and they will continue to do so for as long as we exist.

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****Fun Fact*** Paimon's Familiars (Companions). Paimon is one of the Goetic Demons, one of the Goetic Kings to be precise. The Goetic Demons are a group of 72 demons who have been uncovered and revealed to the public in the form of the Goetia. They are incredible and amazing beings to work with and it is very interesting to note, that the practise of demon companionship can be found within the Goetia. Paimon is known to grant familiars (demon companions) to those who work with him! It is very amazing that demon companions have been granted to humans, even by high ranking demons for ages, and that it is such a beautiful part of this path and this work.*

İn Cōnclūşjōn

All magical practises that work with spirits have methods and rituals for inviting the spirit to join us. There are altars, offerings, vessels, statues and sacred spaces. All of these are created to form a link between the physical human and the spiritual entity. It is a point of connection and the methods used in Spirit Keeping are just one of these methods. They are spiritual tools, meant to help one receive messages from the spiritual world. Spirit Keeping is a path just like all the other paths out there. Just like all the other paths out there there are authentic people who live and love that path and there are scammers who are trying to make a buck.

No one method is right or wrong. I heard of a woman who won a local lottery 3 times in a row from numbers that were given to her from a plastic virgin Mary statue. There is no one way to connect and work with spirits, there are many different ways. When starting on any spiritual path one needs to ask if it is right for them

We are all made of energies, so spiritual energies can be tethered and link to any physical item if the conjurer, priest, shaman or magician knows what they are doing. No method is the correct one, they are just all different. If you walk a spiritual path, don't put down another just because you don't understand it. Remember magicians are practising and innovating ancient methods all the time. Just because it isn't written in an old book, doesn't mean it isn't viable!



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