

Démon Bonding Ritual Series

21 Days of Rituals

Once you have received your vessel with your demon bound to it (or before as demons have the ability to be near you even when their vessel is not), it is important to take some time to get to know your new friend.

Communicating with them and building a foundation with them is important, so that so that you two can get to know each other better and develop a powerful working relationship. You will also want to find out more about their personality, what are their quirks, and what they are like as an individual.

Each demon is an individual and has their own likes and dislikes and it is important to realize that you are dealing with a sentient being who is very powerful and has chosen to come here to work with you. They should not be ordered around or threatened. They will respect your house, but respect is a mutual thing and respect should be shown to your demon.

Demons are like people. No two are the same. This ritual is designed to help you bond with your demon and allow you to get to know them, learn about them and their talents, and how you two can work together so that your demon will be able to help you meet your needs and guide you to where you want to go.

This ritual series is to be done over a 21 day period. It is where you take the time to communicate with your new demon and really bond with them. Each ritual is unique and different and designed to help you align your energies with your demon and get a well rounded sense of communicating with them.

Pick a time that you will preform this ritual daily. Weather it be the morning or evening it does not matter. Just pick a time of day that you can commit to preforming this ritual to bond with your demon.

Have a journal to detail each of these interactions and rituals with your demon. It is really important to make note of any sensations, impressions, images and feelings that you have. Also record any dreams that you have during this time period as your demons will try to connect with you through a number of means.

These rituals are designed to help attune you to your demons energy frequencies and build a communication foundation to begin working with your demon companion.

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Pay attention as well to things that happen in your environment, even if you cannot communicate they can hear you and they will be working to make contact but influence and shifting your environment.

Day 1 - Welcoming Ritual

The First ritual is basically a simple welcome to the family ritual. You need to get attuned to your Demons energies but for the first ritual just take the time to honour your demon for the first ritual and thank them for coming to join you on their journey. If you get any impressions, feelings, or images during this ritual, make a note of them but for this ritual make it one that is designed to honour them.

1. Bring the vessel into a quiet place and light a candle and some incense. Make the room comfortable and quiet. Our scrolls include a list of likes that your demons has, take a moment to read your demons scroll and pay attention to the words that they have shared with you. Spirits/Entities/Demons, they are all sentient beings with their own feelings and likes and dislikes. They have their own personalities and like any friendship it can take time to get to know them.

You will want to set up a space for working with and connecting with your demon. If a permanent altar is not possible have simple items like a candle that you associate with your demon which you can light and set up while doing these rituals.

It is also advised to make a copy of your demons sigil. This sigil you create will be used to help connect you to your demon and give you both a focus point for working with each others energies. For all of these rituals have your sigil with you.

If you are able to set up a permanent altar take some time to meditate with your demons sigil to gain inspirations from them of what they would like. Let them guide you, lay out candles they like, crystals they like, burn their favourite incense. Take the time to set up their sacred space. If you cannot do this don't worry but do set aside time daily to do these rituals and connect with your demon and also work with their sigil.

When you have your space set up as you want it. Place the vessel in the altar, or before you. Sit/Stand before the vessel and say...

*“Welcome _____ Demon's Name _____
I am your Human Companion _____ Your Name _____*

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*we have been brought together in this life
I will be kind to you and honour you,
we will work together
I ask you to help me in my endeavours on this journey here,
Protect me from harm,
Protect my family.,
Assist me in creating the life I desire.
I am grateful for all you have done and all you will do.
I look forward to learning about you,
sharing my life with you,
and accepting the assistance you offer.
Welcome to my spiritual family”*

2. Allow the energy of the demon to enter your mind so that there is a connection. The demon will work with you to help form a connection. This will establish a bond between you two. Let the energies of the demon and yours merge together.

3. This about your demon, the goals you have for working with your demons, what you wish to learn from them and about them. Any impressions, thoughts or vibrations that you experience. Take this ritual to just welcome your demon and take the first step to the wonderful journey you will have together.

4. Have a journal that will be your journal for working with your demon companion and take a moment to journal the impressions that you got or thoughts you had about your demon during this session.

Day 2 - Energy Attunement 1

Energy attunement, this is the foundation for communicating with spirits and entities. Demons are very powerful, but we need to be attuned to their energies to sense and hear them. Demons have a specific energy vibration and if you are not attuned to that vibration it will make hearing them very hard.

It would be like trying to hear an FM radio while you are listening on the AM frequency. The signal might be loud and clear on the FM, but unless you can switch over from AM to FM you will not be able to hear what is playing. The third eye is a translator of vibrational energies.

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There are untold amounts of spiritual vibrations out there and some of us just are not attuned to demons in the beginning. This does not mean that we cannot be it just means that it will take time to attune your energies to their vibrations.

You should move into this with enthusiasm as that will help to form the connections. Enthusiasm and a desire to push through any blocks that you have and make connections. You also should not expect to have full blown hearing right off the bat, especially if you have never communicated with a spirit or entity before.

These things can take time to develop and grow. These rituals are designed to help your foundation build on itself and act as markers in order to show your progress. Full communication is possible for anyone, but one might have to build up to it.

1. Bring the vessel into your quiet/altar place and light a candle and some incense. Make the room comfortable and quiet. Sit/Stand before the vessel/altar and say...

*"I call to you ___(Demons name)___ My demon companion.
Come join me in sacred space,
I wish to seek council with you.
Come forth and join in companionship.
Sit with me and feel my energies
and allow me to feel yours."*

2. As you say this you should feel the energies shift around you. This is the first meeting so you will want to take some time to explore their energies. This is where the foundational building will be in learning to sense their energies.
3. If you have no background in spirit communication you will need to take some time to build up your ability to translate their spiritual energies.
4. Hold out your hand and ask your demon to place their hand on yours.
5. Close your eyes and focus directly on your hand. Try to sense if there is a tingling sensation, a vibration, or a warmth. Work to feel the energies of your demon. Once you make contact and begin to feel your demons energies this will give your third eye something to translate.

*note*** If you have no experience with energies it should feel like a warm vibration, or a tingling sensation. This is just the first step to attuning your energies to match that of your demons.*

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6. For this ritual don't worry about anything else but focusing on feeling these energies. If you do not feel anything, don't worry, your third eye might need time to adjust to the frequency. Work with this ritual until you feel the tingling sensations in your hand, that is the goal on this ritual and once that is attained you will have made energy contact with your demon and your foundation may grow.

7. Journal your results that you experience.

Day 3 - Hearing Attunement 1

Hearing is a stable way for spirit communication though it is not the only way to communicate. Some people it takes time to develop. When working on developing any foundation for spirit communication the main thing is to not set your expectations too high. People who can hear spirits /entities and demons like they are in the room with them usually have trained themselves to translate the spiritual energies and continue to train the energies.

There does come a point where you will be able to hear and communicate with your companions, but many people need to take the steps in the beginning to do the exercises and build the foundation. In this world we are taught that hearing voices is bad and a sign of mental illness though we all hear voices, the chatter of our minds, spirits and entities that try to connect to us, we just have been taught to tune it out. Children naturally hear spirit companions, but as we grow we are taught to tune this out. We have to learn to trust our senses again and open up to it.

This exercise is designed to begin opening up your astral hearing centres in your body. There is a difference between astral hearing and also physical hearing. When you are astral hearing it will sound like words in your mind. Most people miss this as there is a misconception that all voices in your head make you crazy, but while some voices are a concern for being crazy, even our own self chatter is a voice in our head, in this case astral hearing will sound like a voice in the head. Physical hearing is a harder skill to attain with spirit communication, with physical hearing you will hear them like they are in the room with you.

True Clairaudients have this skills, but don't get discouraged if you can't. Astral hearing works just as well and there are many other psychic skills we might be blessed with than Clairaudience.

1. Bring the vessel into a quiet place / altar space and light a candle and some incense. Settle into the energies and take a moment to get comfortable . . . Sit/Stand before the vessel/altar and say...

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*"I call to you ___(Demons name)___ My demon companion.
Come join me in sacred space,
I wish to seek council with you.
Come forth and join in companionship.
Sit with me and hear my words
and allow me to hear yours."*

2. This is a hearing exercise that is designed to begin helping your mind to translate what words the vibrations mean. This is a simple ritual that is designed to help you learn to get familiar with your demons energies when it comes to your own abilities of hearing and listening to them.
3. Focus on your forehead and ask your demon to link with your mind for communication. Focus on your forehead until you feel the same tingling that you felt in the previous exercise. Focus on your third eye. For this exercise we just want to start building your communication foundation.
4. When you have a good sense of the tingling sensation in your third eye, invite your demon to step forward and try to talk to you.
5. Ask them to speak to you. While they do this focus on your third eye and that tingling sensation. See if your can feel a change in the tingling sensations on your forehead. Does it change? Can you hear any words? Can you hear or feel any sensations? These are all very important questions to ask. For this ritual don't worry to much about what you get, just pay attention to any feelings and sensations that you feel and anything that you might pick up. Be completely open for this ritual and just ask your demon to talk with you and see what you get!
6. Have your journal on hand and record your experiences.

Day 4 - Visual Sight Attunement 1

Seeing our companions is a great skill to have, though like all the other skills you can see them with your astral eyes as well as your physical eyes. These exercises are designed to help build up the physical sight as well as the astral sight with your companion. They are simple exercises and practising with them will help our eyes adjust to their energies and help us to see spiritual energies. This exercise focuses on the spiritual haze energies that can be seen emanating off our companions.

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Orbs, flashes of light, shadows in the corner of our eyes, these can all be signs of visual sight, Though sometimes it can be a medical condition and if the symptoms are bad it is always advised to get checked out by a doctor, but a lot of the time when you are developing your skills it is just your senses opening up. When you learn to use your astral eyes you will be able to see them in your minds eye and can even see them walking around.

There are two types of visual rituals in this series. One to work on physical sight and the other to work on astral sight. This first exercise is meant to help you open up your physical eyes and help attune you to seeing your companions energies on the physical plane.

1. Bring the vessel into a quiet place / altar space and light a candle and some incense. Settle into the energies and take a moment to get comfortable . . . Sit/Stand before the vessel/altar and say...

*“I call to you ___(Demons name)___ My demon companion.
Come join me in sacred space,
I wish to seek council with you.
Come forth and join in companionship.
Sit with me in sacred space
and allow me to see your form”*

2. This is a simple visual exercise to help you see your companion. This is a physical visualization exercise. Ask your demon to stand before you preferably against a wall.

3. For this exercise you are going to practise seeing them with your physical eyes. When they are in position, if you cannot hear them trust that they are there and look in the direction of the wall.

4. Take in three deep breaths and gaze at the wall before you. Gaze at it and look until you see what appears to be a hazy aura. You should see a shape within that hazy aura. Try to make out their features, you might see horns and wings, their head, try to see if you can see their body being surrounded by this hazy aura. Don't judge what you get just allow the visuals to appear before you.

5. Even if you just see a bit of hazy energies or a fog like energy just focus on it. Gaze into it and try to see if you see shapes from it, or if you can see your companions form.

6. Record any impressions that you get in your journal.

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Day 5 - Energy Attunement 2

This is the second portion of the energy attunement ritual. This time we are going to focus a little more on your demons energies and help you gain this perspective. This will help your mind and third eye build an energy profile of your demon to help you translate their energies.

The section will focus on colours that you associate to your demon and continue to help your third eye build a communication foundation for interacting with and interpreting the energies of your demon. Knowing the colours that your demon translates to in your mind can help you sense them and help alert your mind to when they wish to communicate with you.

1. Bring the vessel into a quiet place / altar space and light a candle and some incense. Settle into the energies and take a moment to get comfortable . . . Sit/Stand before the vessel/altar and say...

*"I call to you ___(Demons name)___ My demon companion.
Come join me in sacred space,
I wish to seek council with you.
Come forth and join in companionship.
Sit with me and feel my energies
and allow me to feel yours."*

2. As you say this you should feel the energies shift around you. This is the second sensing exercise so you will want to take a moment to explore the energies and get back in tune with your demon's energies. When you start to feel them stay in their energies for a moment. Ask yourself what is familiar about last time? Does their energy effect a certain area of your body? Does your demon's energy has a certain feel to it?
3. Sit with the energies and just stay present in them. Then ask yourself what colours do you associate with your demon. What colours align with their energies. Try to sense those colours, ask yourself how those colours fit with your demon? What feelings and sensations do you get from these colours and these energies? Any sensations that you feel take note of. If you get any impressions and also words that appear in your mind make note of those too.
4. Hold out your hand and ask your demon to place their hand on yours.

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5. Close your eyes and try to feel the warmth or vibrations of your demon's energies. This time when you connect to those energies explore them. How do they feel? What colours do you assign with these sensations? Are you getting any images and impressions?

6. Ask your demon to send you energies of different colours. See if you can pick up those colours. Ask for them to send you a specific colour, see if you can sense it and also note the sense that you get from this colour and any vibrations or sensations that you feel from it. The more focused you get with these colours the more training that your third eye will have at translating the energies.

*Note***I recommend going through the entire colour spectrum with your demon and really taking the time to explore this with them and build your abilities.*

7. Journal your results that you experience.

Day 6 - Hearing Attunement 2

The next step in learning to hear and communicate with your demon is asking them questions. When you ask questions of your demon you will want to learn to hear their answers and be able to have a solid communication base with them. In the first hearing exercise we focused on getting in tune with the energies of your demons communication style. In this exercise we are going to be focusing on simple yes and no questions and learning to build the basics for communication.

1. Bring the vessel into a quiet place / altar space and light a candle and some incense. Settle into the energies and take a moment to get comfortable . . . Sit/Stand before the vessel/altar and say...

*"I call to you ___(Demons name)___ My demon companion.
Come join me in sacred space,
I wish to seek council with you.
Come forth and join in companionship.
Sit with me and hear my words
and allow me to hear yours."*

2. This is a simple ritual that is designed to help you learn to translate yes or no answers from your demon companion.

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3. Focus on your forehead and ask your demon to link with your mind for communication. Focus on your forehead until you feel the same tingling that you felt in the previous exercise. Focus on your third eye. For this exercises we just want to start building your communication foundation.

4. When you have a good sense of the tingling sensation in your third eye, you are ready to begin this exercise. We are going to be asking our demons a series of yes or no question. The goal of this ritual is to begin building an actual communication foundation with your demon and prepare you for being able to connect with them and ask them simple yes or no questions.

5. You can have a list of questions prepared or you can just randomly ask questions, just for this exercise make sure that the answer to those questions is yes and no. When you ask each question, see if you can hear the yes and the no. Take note of what the yes and the no feels like. If you can hear them in your minds eye that is good, that will help you with translating full sentences from your demon.

Keep this ritual simple and just sit with the energies of your demon asking them a series of yes or no questions and see what comes of it. Can you hear the yes or the no, or see an image of yes or no, or sense the answer?

6. Record what happens during this exercise and if you can record the conversation.

Day 7 - Astral Sight Attunement 1

For this exercise we are going to turn our attention to astral vision. Astral vision is a very powerful tool and can help you to see your companions in your minds eye. It can also help you to develop your skills in astral viewings and help get you closer to astral projection. Astral vision is a very powerful tool. Many people learn to turn it on and off at will so that they can see their companions and work with them. Some people have it on to a degree all the time and they can interact with their companions when they need to at any time.

Your companion is not tied to your vessel, and even without the vessel they can follow you around and interact with you, so when you need them, once you learn to communicate with them you can just call to them. This is an exercise to help you develop your astral sight.

1. Bring the vessel into a quiet place / altar space and light a candle and some incense. Settle into the energies and take a moment to get comfortable . . . Sit/Stand before the vessel/altar and say...

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*“I call to you ___(Demons name)___ My demon companion.
Come join me in sacred space,
I wish to seek council with you.
Come forth and join in companionship.
Sit with me in sacred space
and allow me to see your form”*

2. For this exercise close your eyes and take in three deep breaths. Focus on your breathing and allow yourself to slip into a relaxed state.
3. You are going to work with your astral eyes. Ask your demon companion to come and stand before you. Focus on your forehead and connect to the vibrations of your third eye.
4. When you connect to the energies, focus in front of you where your demon is standing and try to first lock onto their energies. This area, it is very easy to think you are making it up as the third eye is connected to the imagination and the visualization centres of the mind. Don't judge, just ask your demon to reveal themselves to you and try to see them with your astral eyes.
5. You might get shapes, images, hair colour, visuals, pay attention to all of these things. It is your mind and your third eye trying to make sense of the energies that are being projected at it. You will need to take some time to sit with the energies and make sense of what you are getting. You might see them completely and clearly or it might be hazy. Whatever you begin to see, take note of it and explore the energies in this state. It will help your third eye to learn to translate the energies.
6. Record this experience and how you saw them in your Journal.

Day 8 - Energy Attunement 3

For this energy attunement we are going to work with sensing your demon and helping them to be able to send energies to you to get your attention when they need to. This exercise we are going to work at sensing them touching you. It can be a simple thing like a tap on the shoulder to get your attention.

We want you to be able to sense your demon when they are trying to talk to you or when they have something to share with you. Sometimes they might be warning you of something or have

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a message for you. They are good at shifting the environment around you so that they get your attention but it also helps to be able to sense them when they show up.

1. Bring the vessel into a quiet place / altar space and light a candle and some incense. Settle into the energies and take a moment to get comfortable . . . Sit/Stand before the vessel/altar and say...

*"I call to you ___(Demons name)___ My demon companion.
Come join me in sacred space,
I wish to seek council with you.
Come forth and join in companionship.
Sit with me and feel my energies
and allow me to feel yours."*

2. As you say this you should feel the energies shift around you. Ask them to sit with you and let them know that you wish to further explore their energies and work with sensing them. We are going to use simple tap exercises to attain this.

3. Close your eyes and take in a few deep breaths to relax yourself and get into a relaxed state. As you do this try to use your third eye to connect to your demon's energies and connect with them.

4. Hold out your hand and ask your demon to place their hand on yours. Take note of the sensation of their hand in your hand. It is a tingling sensation? Can you actually feel their hand? What does their energy feel like to you?

5. Ask them to touch another part of you. Poke you in the shoulder, or touch the top of your head, ask them to move to another place and see if you can sense them moving. See if you can sense them touching you, or poking you. See if you can sense them moving around. Try to focus on their energy and sense the changes in your environment. When they are moving can you sense the shifts in the energies? Can you tell where they are? How does the new touch feel to the old one?

6. Work with this ritual until you feel the tingling sensations in your hand, and sense them moving around you when you are in the relaxed and meditative state. That is the goal of this ritual and once that is attained you will be able to sense your demon moving around you and be able to connect with them when you need to talk to and work with them.

7. Journal your results that you experience.

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Day 9 - Hearing Attunement 3

This hearing exercise we are going to practise simple conversations with your demons. Before this exercise take the time to formulate some questions in your mind that you would like to ask your demon. It can be questions about them, about the goals you want to work on with them. Advice you need. Make sure they are simple questions as this is just meant to help you get in a state where you can talk and communicate with your companion.

1. Bring the vessel into a quiet place / altar space and light a candle and some incense. Settle into the energies and take a moment to get comfortable . . . Sit/Stand before the vessel/altar and say...

*"I call to you ___(Demons name)___ My demon companion.
Come join me in sacred space,
I wish to seek council with you.
Come forth and join in companionship.
Sit with me and hear my words
and allow me to hear yours."*

2. Close your eyes and take some deep breaths to relax and get into a relaxed and meditative state. Take the time to relax and just connect to you demons energies.
3. Ask your demon to stand before you and state your intent that you would like to have a conversation with them, and you would like them to help you with communicating with them. You would like their assistance with this and you would like to work on building a communication foundation.
4. When you are comfortable and have a good sense of them, take a moment to connect to your third eye and feel the vibrations.
5. Once you are in that state begin asking your questions. Ask one question at a time and take the time to see how the answers come. Do they come in terms of images, words, can you hear your demon speaking? Are you picking up any sensations from them? See if you can have a conversation with them where you hear their answer and then reply to them.

You might feel that you are making this up, that is ok as this does use your imagination and sometimes your mind will insert things. It can take time to distinguish between internal

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sensations and external ones. Do not worry about this too much at this stage, this is why we journal and write out what we get, so we can go back and begin to build on our foundation. There will come a time when you can tell what is coming from your imagination and what is coming from your demon

6. Record your experiences and this conversation in your journal.

Day 10 - Visual Sight Attunement 2

The next step is continuing training your visual senses. Being able to see your demon with your physical eyes, even just for a moment can be a very powerful tool for helping them to get your attention. We are going to work on seeing shadows in this exercise and working with them to help them be able to get your attention with your physical senses if they need to.

1. Bring the vessel into a quiet place / altar space and light a candle and some incense. Settle into the energies and take a moment to get comfortable . . . Sit/Stand before the vessel/altar and say...

*"I call to you ___(Demons name)___ My demon companion.
Come join me in sacred space,
I wish to seek council with you.
Come forth and join in companionship.
Sit with me and allow me to see your form"*

2. This exercise is the next step designed to train your physical eyes to see your demon. Physical stimulus can be the easiest way for them to get our attention because our physical sense are developed, whereas our psychic ones are in various stages of development.

3. For this exercise you are going to practise seeing them with your physical eyes. Get into a comfortable state and take in some deep breaths to relax yourself. Gaze forward into your altar or at the demon's sigil.

4. Take a moment to connect to the sigil and just gaze. Shift your eyes so that you see the hazy aura around the sigil. Allow your gaze to relax and ask your demon to move around you. Let your eyes stay in the focused state and see if you can see movement out of the corner of your eyes, see if you can see shadows. Does the energy move? Does it shift? Can you see shadows? Can you see their form moving? Can you see disruptions in the ripples?

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5. Ask your demon to move around you and see if you can detect their movements, see if you can see the changes in the energies around you. This eye state is similar to the state you have to get into for seeing a Magic eye picture, where you are relaxed and looking at everything at once.
6. Record what you see and anything you get in your journal. .

Day 11 - Energy Attunement 4

Congratulations this is the last energy attunement ritual of this series. In this one we are going to focus on sensing what your demon is doing. It is one thing to sense them and feel their energies. It is another thing to sense what they are doing. It can be really amazing to watch them and how they interact with others, what they do and what they are doing, how they move and just see what is going on in their plane.

1. Bring the vessel into a quiet place / altar space and light a candle and some incense. Settle into the energies and take a moment to get comfortable . . . Sit/Stand before the vessel/altar and say...

*"I call to you ___(Demons name)___ My demon companion.
Come join me in sacred space,
I wish to seek council with you.
Come forth and join in companionship.
Sit with me and feel my energies
and allow me to feel yours."*

2. As you say this you should feel the energies shift around you. You should be able to sense them by now and have a good feel for what their energies feel like. This exercise you are going to sense their movements.
3. Close your eyes and focus on your third eye until you feel the tingling energies. Ask your demon to link your third eye with their energies. Take some deep breaths and enter the relaxed state.
4. Reach your third eye out energetically to your demons and see if you can connect to their energies. This ability will allow you to figure out where they are when you need them. See if you can connect to them.

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5. Ask them to move around and see if you can sense them moving. See if you can follow them. Ask them to shift to different places and do different things and see if you can sense their movements and sense what they are doing. Ask them to appear in a different place in the room and see if you can lock onto them.

6. This exercise can be a lot of fun because you can work with them to learn to not just detect them but other entities and spirits that are around you. You can also sense their movements and their actions, you can sense what activities they are up to. This will help you also to connect with them when you need to and work with them at attaining your goals! Learning to sense your demons is a powerful tool! This is just the foundation for this ability, working with it and growing it will help you connect to them and really learn to work with them.

7. Journal your results that you experience.

Day 12 - Hearing attunement 4

The final exercise for hearing. This exercise is meant to just be a relaxing conversation with your demon, learning about them. The goal of this exercise is to get your demon to tell you a story about their life back home and get to know more about them, what their talents are, who they are. Basically you will want to use your skills that you have built and have a conversation with them. You will be using your minds eye to hear them in this conversation.

1. Bring the vessel into a quiet place / altar space and light a candle and some incense. Settle into the energies and take a moment to get comfortable . . . Sit/Stand before the vessel/altar and say...

*"I call to you ___(Demons name)___ My demon companion.
Come join me in sacred space,
I wish to seek council with you.
Come forth and join in companionship.
Sit with me and hear my words
and allow me to hear yours."*

2. Close your eyes and take some deep breaths to relax and get into a relaxed and meditative state. Take the time to relax and just connect to your demon's energies.

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3. Ask your demon to tell you something about themselves. Tell you a story about them back home, tell you something that they did, an experience that they had. This story might come to you in images and visuals. They might tell you directly. Pay attention to how they communicate this to you, they might send you a combination of visuals and words.
4. The goal here is to have a conversation with your demon, let the conversation grow, ask them questions about what you are getting and see what answers they give. If you are confused tell them and see if they can tell you another way that is not so confusing. The goal here is to find a communication style that will work with both of you.
5. Enjoy the conversation that you have with them. See where it goes. See what you can pick up about them and how they work. See if you can get other impressions that are not included in the story. This method is a great space to have amazing discussions with your demons about your goals and things that you would like to attain here.
6. Record as much as you can in your journal of this conversation.

Day 13 - Astral Sight Attunement 2

This is a fun exercise and one of my favourite. You are going to expand your astral sight and see if you can see your demon moving and see actions that they can take in the astral realm. You are also going to bring yourself closer to being able to astral travel with your companion and growing your astral viewing abilities.

1. Bring the vessel into a quiet place / altar space and light a candle and some incense. Settle into the energies and take a moment to get comfortable . . . Sit/Stand before the vessel/altar and say...

*“I call to you ___(Demons name)___ My demon companion.
Come join me in sacred space,
I wish to seek council with you.
Come forth and join in companionship.
Sit with me in sacred space
and allow me to see your form”*

2. Close your eyes and take in a bunch of deep breaths, bringing yourself into a deep and relaxed state so that you can connect to your demon. In the first part of this exercise you are

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going to want to visualize your room, try to see if you can see it in your minds eye, see your surroundings in your mind and visualize the area around you.

3. In that space work to connect with your demon. Remember what you got from them in the last astral viewing exercise and see if you can use those visuals to find them. See if you can locate them in a room and take a moment to scan them. Do they look the same as the last time you saw them? Have things changed? Can you see more of them? Has their appearance changed? Take note of what you see.
4. Focus on them and ask them to move around. See if you can see them moving around. Ask them to walk, to run, to sit. See what happens when they take these action. See how they move, is there anything distinct about their movements? See if you can see them moving and if you can see their form. Can you see their details? Their eyes? Their face structure?
5. See if they can show you images of their realms back home, images of the astral realm, or even of places on Earth. See what images come to you. Can you see them? How clearly can you see them? This process takes work but it can lead to the powerful astral viewing skill.
6. Record your experience in your journal.

Day 14 - Connecting Ritual asking them to come to you.

This ritual will begin to combine the skills that we have been practising. This one is very easy it is just to connect with them when you need them. By now you will be really attuned to their energies and should have a good sense of how they feel. This exercise should be done when you are outside the house. You will not need the vessel as your energies will be linked with theirs.

1. When you are out, take a moment to breathe and ask your demon if they are there with you. See if you can sense their energies and get any impressions from them that they are there. Remember all the sensations that you had with them when you were doing the exercises at home. See if you can sense, hear or see anything like that where you are.
2. If you cannot, say this..

*"I call to you ___(Demons name)___ My demon companion.
Come join me here,
I wish to seek council with you.*

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3. Take a moment to see if the energies change and work to connect with them. At this point they will be there and you should work with the energies and see if you can sense them. It can be different connecting with them outside of the altar space. Make sure you take some time to connect with the energies and learn to sense them outside of your house.
4. If you can sense them try to have a conversation with them. Note any differences between talking with them here to in the house. Is it different? Is it harder to hear them? This skill will grow with practise and soon you will be able to communicate with them no matter where you are.
5. Make sure you journal anything that you experience.

Day 15 - Asking for guidance and Mentorship

This is a ritual that is to be done in the house. It is when you want to ask them to help you with something. This is the best way to get inspirations and mentorship in different areas. Also once they are tasked with this they will look for things in your environment and guide you to them.

You will want to set up a space where you can connect and receive information. Have a journal on hand to receive impressions and images from them. You will need to know before hand an area that you would like to receive guidance in. Make sure you know what this is before hand.

1. Set up a space where you can relax and get in a state where you can receive information. You will want to have your journal and a pencil or pen in front of you.
2. Take in some deep breaths and take a moment to ground and just relax your energies. Ask your demon to join you and use your skills to connect with them. Link your energies to theirs in your third eye and make sure you can feel them and sense their energies.
3. State to them your request and say that you would like to receive guidance on this particular topic. State your request and listen to them. Pay attention to any words you receive, any images you get and any visuals that you receive.
4. Write down everything that you get in your journal. Make sure that you take a moment to receive everything that they say. Once you have written out what you have gotten, read it over. Then ask for clarification if anything doesn't make sense.
5. You can always come back and connect with your demon at a later time, or they will likely give you specific actions that you need to take to learn things. They might guide you

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to books that you need to read or courses that you need to take. This exercise is to help get you used to working with them and feeling their style, how they direct and guide things. Every demon is different.

6. Make sure you write everything down in your journal

Day 16 - Fun Creative Inspiration Ritual

This Ritual is for those who are more artistically inclined. It is good for you to do all these rituals though, as it will give you a well rounded perspective of how you personally work with your demon.

Some of these exercises will be stronger than others but you will not know until you try them. This exercise is to help awaken the creative centres of the mind. You will need a pencil and a blank piece of paper or sketch book.

The goal of this is to receive some creative inspiration from your demon. It can be for anything, an art project, or writing project that you wish to create, business, a marketing plan, a project for your house, something that utilizes the creative centres.

It is also very important that beforehand you let go and realize this is just for inspiration, this is not your final piece, just allow whatever comes to come and don't judge it.

1. Set up a space where you can relax and get in a state where you can receive information. You will want to have your paper and a pencil in front of you.
2. Take in some deep breaths and take a moment to ground and just relax your energies. Ask your demon to join you and use your skills to connect with them. Link your energies to theirs in your third eye and make sure you can feel them and sense their energies.
3. This is a creative exercise so state your intent, what is it that you would like to create. If you have no real project in mind just ask your demon to connect with you and let creative ideas flow.
4. Ask your demon to connect their energies to your third eye and to open up the creative centres and let the energies flow. It is very important you let go at this point. Just let go and allow the energies to open up.
5. Pick up the pencil and just start scribbling and doodling, writing words, anything that comes to you just let the creative energies flow, and let your demon help you and guide

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you. See what comes from it, see what you are able to create and remember this is just a rough draft, nothing might come from it but this exercise will help you connect to your demon and open up the creative energies around you.

6. Once it is completed take a look at what you two put on paper and see what is there, there might be something, some inspiration that you can work with.

Day 17 - Goals Setting With your Demon Ritual

This ritual is a bit more structured than the others because it involves setting up a game plane and a goal plan with your demon. You will need to have a specific goal in mind and something that you wish to attain.

With anything, in order to manifest what you want there are always going to be actions that you have to take. Your demon though will work from their end to align you with the outcome that you desire. They will hear your goal and shift the energies and tell you the actions that you have to take to make that goal a reality. They will also open up opportunities and bring things to you that you desire.

For this exercise you are going to need your journal and a pen/pencil. Have a goal in mind, the more specific the goal the better. Take your time with this one to pick a goal that you would like to attain.

1. Set up a space where you can relax and get in a state where you can receive information. You will want to have your journal and a pencil or pen in front of you.
2. Take in some deep breaths and take a moment to ground and just relax your energies. Ask your demon to join you and use your skills to connect with them. Link your energies to theirs in your third eye and make sure you can feel them and sense their energies.
3. State your goal and tell your demon exactly what it is that you desire to attain. Write your goal in your journal and connect to your demon's energies while you gaze at the goal written before you.
4. Listen to their words and hear what they have to say on that goal. They will be able to tell you what needs to be done to attain it (or if it is even possible. If your goal is to fly on your own, that isn't going to happen, the goals should be realistic). You will receive inspiration on what needs to be done.

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5. Let your demon also begin to work with your energies to open up what it is that you wish to attain. They will begin to shift your energies. As your demon works with your energies, gaze at your goal and visualize yourself having what it is that you desire.
6. Pay attention to how you feel and let your demon slip you into a reality where what you want is already attained and you can feel the energies and sensations. You can feel the energy vibrations of what having that brings. Stay in that state and focus on what you wish to attain.
7. You will receive impressions and actions steps from your demon for making this happen. They will start shifting things and opening up doors for you. You have to walk in the direction of what you want and follow their guidance. You will receive inspiration on what you need to do next.
8. Write down everything you get and your plan of action will be revealed.

Day 18- Pre Sleep Astral Communication

This is best performed right when you are going to bed or right when you are waking up. It is a connecting exercise that you can do with your demons right before bed. When you are in a relaxed state and ready to slip into the state right before sleep.

When we are about to go to sleep our psychic senses are more attuned and a lot of our filters that block our abilities are removed. This will help us hear our demons clearer and also can help us begin to astral travel with them.

1. Before bed or just when you are waking up, lay there and take a moment to breathe and relax yourself. Make sure that you are relaxed in body, but keep your mind awake.
2. Connect to your demon's energies and just begin talking with them, in this state you will probably notice that they appear clearer and you will be able to get ideas and inspirations from them.
3. In this state they will be able to guide you and talk to you. This is a great time to open up with them and connect with them and just have a conversation. You can ask them to help you with astral travel, or hear their thoughts on different events that happened during the day. If you had a bad day you can vent to them and just tell them what happened, and ask for feedback on it. If you have a problem that needs to be solved you can ask for help with that.

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4. If you want, you will be able to ask them if they can help pull you out of your body for astral projection, or if they can reveal any blocks that are preventing you from leaving. Really this is just a great time for you to connect with and have a conversation with your demon.
5. This one is harder to journal but in the morning when you wake up it is a good idea to get into a habit of journaling what you remember from any night communication.

Day 19 - Lucid Dreaming with your Demon

Lucid dreaming with your demon can be a lot of fun! It is fun to see them in your dreams and interact with them. This exercise will help you connect with them in your dreams and have Lucid dreams with them.

Lucid dreams are very powerful dreams where we have control of what happens in the dream. Lucid dreams are different than astral projection but they are still one step closer to attaining that. Lucid dreams are more of an inner astral projection where you are still locked in the sleep and dream state but you can take control and with the help of your demons have a lot of fun.

1. Before bed or just when you are waking, up lay there and take a moment to breathe and relax yourself.
2. Connect to your demon's energies, link your energies to them. Focus on your demon's energies and hold that focus on them. You will want to focus as hard as you can on them and their energies.
3. While you are holding this focus ask them to join you in your dreams and visit you in the dream realm. You can also ask them to help you in your dreams reveal answers to you for questions that you have or help you solve problems in your life.
4. This is a focusing exercise, it is important that you focus on the connection between them before you go to sleep and state that you would like them to join you. Stay focused on their energies for as long as you can. ask them also to help you remember your dreams and what you experience.
5. When you awake the next day, journal what you dreamed

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Day 20 - Tasking your Demon

When you want to attain things, sometimes you are not in a state that will allow you complete communication with your demon. You can still work with them and ask for help with this. This is a very simple magic ritual that is designed to tell your demon what it is that you would like to manifest and create using spells and magick to get those results. This, like any magickal ritual should be done with a shield. If you do not know how to make energy shields you can find a booklet here. <http://satanandsuns.com/blog/wp-content/uploads/2016/04/Shielding101.pdf>

You are going to need a candle, your demon's sigil, a piece of paper, pen/pencil and some of the crystals that your demons likes. All these are included in your demon's scroll.

1. Bring the vessel into a quiet place / altar space and light a candle and some incense. Settle into the energies and take a moment to get comfortable . . . Sit/Stand before the vessel/altar and say...

*"I call to you ___(Demons name)___ My demon companion.
Come join me in sacred space,
I wish to seek council with you.
Come forth and join in companionship.*

2. Take in some deep breaths and take a moment to ground yourself and connect to your energies and the energies of the space. Light your candle.
3. On the piece of paper write out what it is that you would like from your demon, you can be as detailed as possible. Write out your request.
4. Take the piece of paper and read it out loud and say:

*" ___(demons Name) _____
This is my request,
This is what I desire
This is my will
Please see it done"*

5. Gaze at the pice of paper and focus on the request. Then place the paper upside-down in front of the candle.

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6. Gaze into your demon's sigil and stare into it, connecting with the energies and asking for help on this task and asking for them to bring to you what you desire.

7. Say

*"I task you _____ (Demons Name) _____
See this action taken
See this task completed
See my will fulfilled"*

8. In a safe place burn the paper and say.

*"This is my will
See my will done
in a way that brings no harm to myself
or my friends and family
Thank you"*

9. Then keep the sigil in a safe place, you can put it in your journal if you desire.

Day 21 - Final Ritual

This is your final ritual of these series. It is a very simple one to do in your altar and your sacred space.

1. When you have your space set up as you want it. Place the vessel in the altar, or before you. Sit/Stand before the vessel and say...

*"Thank you _____ Demon's Name _____
It has been great connecting with you
learning about you
walking with you
I am excited for our journey together
I am excited for our life together
Thank you for coming into my life
Thank you for walking with me*

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*Thank you for helping me in the way I need it
I am grateful to you and your abilities and powers
I am looking forward to our work together.*

*I ask you to help me in my endeavors on this journey here,
Protect me from harm,
Protect my family.,
Assist me in creating the life I desire.
I am grateful for all you have done and all you will do.
I look forward to learning about you,
sharing my life with you,
and accepting the assistance you offer.
Welcome to my spiritual family,
Welcome to your home”*

2. Take a moment to talk with your demon and give yourself praise for completing this ritual series. It will help you build your foundation for working with your demon companions and walking with them on this journey!

This Ritual series was designed to help you connect with your demon and learn to work with them. Some people will find these skills come very easy to them. Others it will take time and practise. Demons are very powerful and will do what they can to awaken our energies from their end, some of us though are at different stages of development and have different blocks we have to overcome.

Note***You can also use devices like a Ouija Board, Pendulum or a Spirit Communication Board if you are having trouble. These exercises are designed to attune you to the different spiritual frequencies and connect you to your companions though some people need more practise then others and these tools can help you with connecting.

Thank you so much, we hope you enjoyed this Ritual series, if you have any questions or comments please feel free to send us an emails to demons@demoncompanions.com ! We would be happy to answer your questions and hear your feedback!

Our goal at Satan and Suns is to help people learn to work with and communicate with Demon Companions while empowering themselves and awakening the magick in their life! Everyone's spiritual path is different and we love helping people awaken and master their spiritual skills!



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